

FRANCE'S MEDITERRANEAN HEARTLAND



*South of*  
**FRANCE**  
WINE & DINE ITINERARY  
WITH LISA & DENIS  
AUGUST 25 - SEPTEMBER 2, 2023



GASTRONOMIQUE TOUR 2023

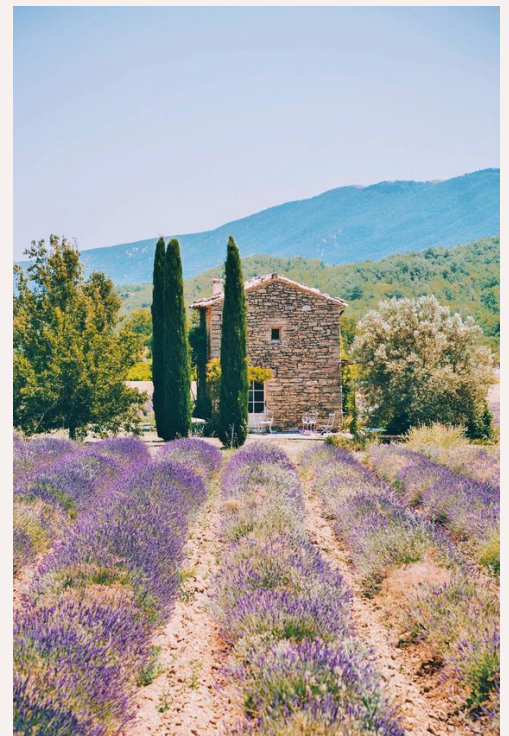
BISTRO SOLEIL PRESENTS



*The Best of*  
**PROVENCE**

AUGUST 25-SEPTEMBER 2, 2023

The Provence wine region extends over approximately 50,000 acres and is the largest vineyard producing quality wines in the Southeast of France. The countryside is dotted with medieval villages perched upon hilltops, with numerous rivers, and ancient Roman architecture



If Provence evokes, arguably, the most vast vineyards in the world, with the most renowned wines in the world, it is also a region, a life style... to discover a unique experience.



**DAY ONE:**  
**08.25.23**  
Friday

 Arles

Meet at the five star hotel Jules Cesar in Arles.  
<https://www.hotel-julescesar.fr/>

Settle in before meeting for welcome cocktail and dinner.



**DAY TWO:**  
**08.26.23**  
Saturday

 Avignon

Breakfast at the hotel

Morning departure to Avignon, wine tour & tasting at Cote du Rhone Village

Departure to Avignon. Guided tour of the Palais des Papes. The Palace of the Popes stands as the mighty symbol of the church's influence throughout the western Christian world in the 14th century. Construction was started in 1335 and completed in less than twenty years under the leadership of two builder popes, Benedict XII and his successor Clement VI. The Popes' Palace is the biggest Gothic palace in all of Europe (15,000 m2 of floor space, which is the equivalent of 4 Gothic cathedrals).

Visit of the Covered market: Les Halles d'Avignon.

Lunch

Guided tour and tasting at a vineyard Cote du Rhone Village

Dinner



**DAY THREE:**  
**08.27.23**  
Sunday

 Camarguaise

Typical of this region in France, we will visit a farm where the Camargue cattle are raised. The "gardians" share their know-how and traditions inherited from the ancients. It is here that bulls are bred for the Camargue race (Camargue bull, whose horns are vertical), called "race to the roundel", since the raseteur has to unhook the roundel fixed on the bull's horns. They are different from bulls intended to bullfighting (toros bravos in Spanish) whose horns point forward. NO BLOOD is spilled in the Camargue bullfight.

**Lunch**

**Wine tasting**

**Dinner**



**DAY FOUR:**  
**08.28.23**  
Monday

 Provence

**Free Day!**  
Breakfast at the hotel





# DAY FIVE: 08.29.23

Tuesday

## Mont Ventoux

### Mont Ventoux- Free afternoon

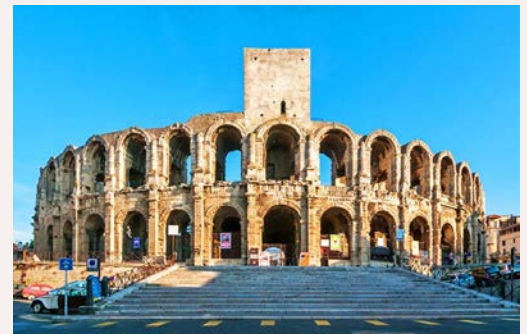
#### BREAKFAST AT THE HOTEL

Visit Mont Ventoux. Mont Ventoux is a mountain in the Provence region of southern France, located northeast of Carpentras, Vaucluse. On the north side, the mountain borders the department of Drôme. At 1,909 m (6,263 k), it is the highest mountain in the region and has been nicknamed the "Beast of Provence", the "Giant of Provence", or "The Bald Mountain". It has gained fame through its inclusion in the Tour de France cycling race.

#### Visit and wine tasting followed by picnic lunch

#### Free afternoon

#### Dinner on your own



**DAY SIX:**  
**08.30.23**  
Wednesday

📍 Uzes-  
Aigues  
Mortes

Visit Uzes & Aigues Mortes, with a wine tasting of Le Gris et le Gris de Gris

Guided tour of the market in Uzès, the largest market in Provence where you will find local products: olive oil, lavender based products, cheese, fruit, vegetables and taste some local flavours.

**Lunch**

Visit to the medieval city of AIGUES MORTES to visit the pink salt beds. If you are lucky enough, you can see flamingos.

Wine tasting of the wine from the region, Le Gris et le Gris de Gris, very different from the traditional roses of Provence.

**Dinner**



**DAY SEVEN:**  
**08.31.23**  
Thursday

📍 St. Remy de  
Provence

Cooking class @ St. Remy de Provence

Breakfast at the hotel

Cooking class

Lunch

Free time in St. Remy de Provence

Visit and tasting olive oil creator

Dinner





**DAY EIGHT:**  
**09.01.23**  
Friday

 Pont du Gard  
&  
Chateauneuf  
du Pape

Visit Chateauneuf de Pape & Pont du Gard

Breakfast at the hotel

Châteauneuf du Pape, guided visit of vineyard and tasting accompanied by goat cheese tasting

Lunch

Guided visit to le Pont du Gard, the ancient Roman aqueduct bridge built in the first century AD to carry water over 31 miles to Nimes. It is the tallest of all Roman aqueduct bridges. It was added to the UNESCO list of World Heritage sites in 1985.

Farewell dinner



**DAY NINE:**  
**09.02.23**  
Saturday

 Provence

Our culinary adventure ends.....

Thank you for joining us on our  
Gastronomique Tour!

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*The Best of*  
**PROVENCE**

**AUGUST 25-SEPTEMBER 2, 2023**

**Price includes:**

Luxury air conditioned motor coach transportation with two chauffeurs  
Classic double occupancy, standard room in a FIVE star hotel, including daily breakfast  
We will enjoy fresh, local meals throughout the region: six lunches and six dinners, accompanied by wine  
All excursions and tastings  
Cooking class

**Not included:**

Airfare  
Airport taxes  
Health or accident insurance  
Trip cancellation and baggage loss (both are strongly recommended)  
Room upgrades  
Gratuity for drivers

**\$5500 per person, double occupancy in a classic room**

**Group size limited**

**Possibility for room upgrade, junior suite: \$2,000 per couple**

**Single supplement for classic occupancy: \$1,500**

**Your non-refundable deposit of \$1000 per person is due on February 20th, 2023**

**Please note: There may be slight modifications to the itinerary.**

